



# South Harrison Roadrunner 5k Run & Family Fun 1 Miler

.....to benefit the South Harrison Elementary Playground Fund!!!

**Saturday, March 24<sup>th</sup> 8:30 a.m. race start**

7:30 a.m. Registration and Check-In

South Harrison Elementary School

904 Mullica Hill Road, Harrisonville, NJ

Organized by South Harrison Home & School and TNT Event Management

For information/directions please contact SHEHomeandSchool@gmail.com

## **REGISTRATION INFORMATION**

- \$20 pre-registration for all 5K entries received by March 14, 2012 (shirt provided)
- \$25 race day registration for 5K (no shirt)
- \$15 5K Run or 1 Miler walk for current South Harrison Elementary Students and Staff (individual)
- \$40 for a family of 4 pre-registration for 5K or 1 Miler received by March 14, 2012 (\$5 for each additional family member), shirt provided. Race day registration for the families is the same price without shirt provided.

## **AMENITIES**

- T-Shirts for all participants who register by March 14<sup>th</sup>
- Awards Ceremony, Giveaways, Refreshments
- 5K run-computerized timing and scoring of event
- 5K Prizes for top male and female overall finisher and top male and female age group finishers
- Acknowledgment for families who complete the 5K

### **Three Ways to Pre-Register by March 14, 2012**

1. Online at [www.TNTEventManagement.com](http://www.TNTEventManagement.com)
2. Send form(s) on reverse with payment into school with your child in an envelope marked H&S 5K/Walk
3. Mail completed form(s) on reverse with payment by March 14, 2012 to: H&S 5K/Walk c/o South Harrison Elementary School, 904 Mullica Hill Road, Harrisonville, NJ 08039

**Checks payable to: South Harrison Home and School**

**Preregistration rates will only be accepted through March 14, 2012.**

**After March 14<sup>th</sup>, participants will be able to register on race day starting at 7:30 am**

# South Harrison Roadrunner 5K and Family 1 Miler

## Register by Wednesday March 14<sup>th</sup>

### to receive a free race shirt.

After Wednesday March 14th, register is in person on March 24th at 7:30am at South Harrison Elementary prior to the race start

**5K course-** 3.1 miles. Leave school, left onto Mullica Hill Road, right onto Monroeville Rd., right onto Ferrell, right onto Mullica Hill Road back to school. Closed course (roads will be closed).

**Family Fun 1 Miler-**A one mile course that families can walk, run, jog, skip, crawl or hop together. It is not a competition and there is no time requirement or expectation. Even at a pace of 2 miles per hour, which is a slow walking pace, you will finish the course in 30 minutes. It is a great opportunity to participate in the event, spend time with family and friends, and maybe even sneak in a little exercise while supporting a great cause. Course: left out of parking lot at school to flashing light at Monroeville and return to school. Closed course (roads will be closed during race).

**Thank you for supporting South Harrison Home and School!**



### South Harrison 5K/1 Miler Release Form

In consideration of accepting this entry, I, the undersigned, assume full responsibility for any injury or accident which may occur during the event or while I am on the premises of the event. I hereby release and hold harmless the South Harrison Home and School Organization and all other contributing organizations, sponsors and race supervisory personnel. I hereby grant full permission to any and all of the foregoing to use any photographs, videotapes, recordings, and record of this event.

Shirt Sizes: Youth-S    Youth-M    Youth-L    Adult-S    Adult-M    Adult-L    Adult-XL

#### Individual Registration

Name \_\_\_\_\_ Gender \_\_\_\_\_ Age on race day (needed for prizes) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

EVENT (circle one):    5k                    1 Miler (individual)

Signature of adults (or parent's if under 18) \_\_\_\_\_

Email Address \_\_\_\_\_

#### Family Registration

**Please Circle 1**

Family member name _____	Age _____	Shirt size _____	5K or 1 miler
Family member name _____	Age _____	Shirt size _____	5K or 1 miler
Family member name _____	Age _____	Shirt size _____	5K or 1 miler
Family member name _____	Age _____	Shirt size _____	5K or 1 miler
Family member name _____	Age _____	Shirt size _____	5K or 1 miler
Family member name _____	Age _____	Shirt size _____	5K or 1 miler
Family member name _____	Age _____	Shirt size _____	5 K or 1 miler

Family Address \_\_\_\_\_ Email \_\_\_\_\_

Phone \_\_\_\_\_

Signature of all participating adults/parents stating you have read the above release:

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